



# Mahavir Foundation News Letter

Regd No 296175. Office; 11 Lindsay Drive, Kenton HA3 0TA  
020 8204 2871

Kenton derasar: 557 Kenton road, HA3 9RS  
[www.mahavirfoundation.org](http://www.mahavirfoundation.org)

President: Dr Vinod Kapashi, Vice President: Surendra Mehta, Secretary: Chandrakant Shah MBE

## PARYUSHAN 2010

*It is at this time, that Jains embark on their respective annual pratikramana, a reflection on their spiritual journey for the past year. On this day they also observe a unique custom, where they ask every individual they may have offended during the year for forgiveness. Old differences are forgotten and friendships and relationships renewed, as they fold their hands and ask for 'Micchami dukadam' or forgiveness.*

*The following is the prayer we say while doing Pratikraman: 'Khamemi savva jive, savve jiva khamantu me, mitti me savve bhuyesu, veram majaham n kenai.' It means: 'I forgive all living beings, and I beg for the forgiveness from all living beings. I have friendship with everybody and I have no animosity toward anybody.' "*

## Paryushan 2010 Details

Date & Day	Morning Programme @ Kenton Derasar 557 Kenton Road HA3 9RS	Evening Programme @ Kingsbury High School Stag Lane NW9 9JR
4 Sept. Saturday	11am -12 noon Lecture	Pratikraman at 6.30pm Bhavana at 8.30pm
5 Sept. Sunday	11am -12 noon Lecture	Pratikraman at 6.30pm Bhavana at 8.30pm
6 Sept. Monday	11am -12 noon Lecture	Pratikraman at 6.30pm Bhavana at 8.30pm
7 Sept. Tuesday	11am -12 noon Lecture	<b>Pakkhi</b> Pratikraman at 6.00 pm. Bhavna at 8.15 pm.
8 Sept. Wednesday	11am -12 noon Lecture	Pratikraman at 6.00 <b>Mahavir Janma Kalyanak</b> (Vanchan, sapna etc) Bhavana at 8.30pm
9 Sept. Thursday	11am -12 noon Lecture	Pratikraman at 6.30pm Bhavana at 8.30pm
10 Sept. Friday	11am -12 noon Lecture	Pratikraman at 6.30 Tapasvi Bahuman & Bhavana at 8.30pm, also English Pratikraman at 6.15pm
11 Sept. Saturday	Pratikraman for ladies with children 12 noon to 3pm.	SAMVATSARI PRATIKRAMAN 4pm @ In both halls of Kingsbury School (Take your seats by 3.30pm)

Swami Vatsalya and Pooja by a Vidhikar from India.  
Further Announcement during Paryushan.

# Paryushan 2010

From Saturday 4 Sept to Saturday 11 Sept 2010

Place- Kingsbury High School, Stag lane, Kingsbury, London NW9 9JR

Pratikraman everyday - evening 6.30 pm

Exception - Pakhi Pratikraman will start at 5.30 OR 6.00 We will announce.

Wednesday evening after Pratikraman, Mahavir Janma Kalyanak Vanchan day. Again to-day we aim to start Pratikraman early so we can do Mahavir Janma Vanchan Celebration Bhavna, Aarti, Mangal divo and Vadhai every evening at 8.30 pm

Tapasvi Bahuman Programme on Friday 10-9-10. Uchhavani will be done for bahuman.

Every day Bhavna Music will be provided by a well known singer and Vidhikar from India. He will be accompanied by a local music group.

Samvatsari Pratikraman: Saturday 11-9-10. 4pm (please take your seats at 3.30 pm). For this we have hired two hall in Kingsbury High School.

Prabhavna (gifts) - Please note: No individual person is allowed to bring and distribute anything without the prior consent. Those who wish to give a prabhavna but are unable to bring anything can donate £151 for Prabhavna and we will make all arrangements on behalf of the donor(s). Please notify Kirit Kothary or Ashvin Shah or Vinod Kapashi

There will be religious discourses at the Kenton Derasar (557 Kenton Road, Kenton, Middlesex HA3 9RS) Time 11.00 am to 12.00 Noon during the Paryushan.

**Pritibhojan (The Grand Community Dinner) on 19<sup>th</sup> September.**

## MAHAVIR JANMA VANCHAN DAY

This will be celebrated after Pratikraman on Wednesday 8-9-2010 at the Kingsbury High School. There will be uchhvanis of swapanas/parnu and Mahavir Janma Vanchan. And then Aarti, Mangal Divo.

Uchhavani can be started from £101 (fourteen Dreams are- Elephant, Ox, Lion, Lakshmi, Garland, Moon, Sun, Flag, Kumbha, Lake of Lotuses, Ocean of Milk, Plane (Dev-viman), Heap of jewels, Smoke less fire).

*Sponsorship for the Pratikraman on any day is £401.*

*Your family will recite the Navkara Mantra before the auspicious pratikraman begins.*

*For sponsorship call now : - 0208 204 2871*



**Mahavir Foundation - Ghar Derasar at Kenton Road**  
**Derasar Opening Times**  
During Paryushan - 8 am to 9 pm

**Normal Sunday activities**

Please come and do Darshan at 557 Kenton Road temple.  
Opening times: 7 to 9 pm weekdays and 10 am to 7pm weekends.

Most of the Sundays we do Snatra Pooja.  
You can book Snatra Pooja which will be done on behalf of your family.  
Nakaro is £21. Call now for Booking Derasar 020 8206 1659  
Timings for Snatra Pooja: Sunday from 11.00 am to 1 pm Sharp

## Membership Form

(If you are not a member or if your annual membership has expired)

To  
The Membership Secretary,

Dear Sir,

Jai Jinendra

I would like to become a member for the year \_\_\_\_\_

Life Member                      £ 101.00                      \_\_\_\_\_

Annual Member                      £10.00                      \_\_\_\_\_

General Donation                      \_\_\_\_\_

From-  
Name \_\_\_\_\_

Address \_\_\_\_\_

Tel No \_\_\_\_\_

E-mail \_\_\_\_\_

Please send it to:- Kirit Kothary – 44 Kenton Park Crescent, Kenton, Middx HA3 8UA

For Office Use- Receipt No....., Membership No. ....

Date ..... Signed .....

---

### **DO AN AUSPICIOUS ARTI IN THE TEMPLE ON YOUR BIRTHDAY OR ANY DAY YOU WISH TO REMEMBER**

Celebrate your (or your son, daughter, grand child or parents or any one you like) birthday by coming to the temple in Kenton and doing an Arti and Mangal Divo on your birth-day. (or any event like Punya Tithi of a departed soul, your or relatives engagement, wedding etc). We will write

your name on the notice board and invite you to do Arti and Mangal Divo. This will be performed by your family.

This will be something to remember. You can help the Derasar also this way.

Donation for Arti/Mangal Divo is only £11.00.

Please phone us now on which date you would like to come and do Arti.

Pratik Shah or Jalpesh Shah 020 8206 1659

Paryushan Committee:- Convenor- Ashvin Vora (0208 445 8783); Others- Chandrakant Shah, Kirit Kothary, Chandrakant Doshi, Ashvin Shah, Kishore Mehta, Mukesh Kapashi. Derasar No 0208 206 1659

# pyB` ÊÊÊÊ

xinvar ta.4-9-10 \$al ta.11-9-10 xinvar Sa0l

## S45- KINGsbri ha[SkU, KINGsbri, S3g I En.

roj pitkn` saj>e6.30 x½ 4xe roj pitkn` Spollsr krvano peyvto Lhavo I o. nkro £401 Aa I aw I ear kba nvkar m9a bol etebadj pitkn` xru4xe paql pitkn` vheû.ÊÊ vag xru4xe

wavna, Aartl Aneng5dlvo: roj rate0.ÊÊ

Aa vqtepyB` drllyan wavna krva ma3ewart4l sgltkar qas p2arxe sa4eAhlra S4aink kl akaro t4a t0n0g0 p` hxe

tpSvln0Bhman: Xak0ar ta. 10-9-10 na roj krvama>Aavxe. Vyiktgt bhman krvani 0B n\$al tel no2 I 00. ]0v` I bol avvama>Aavxe

s0Isrl pitkn` xinvar ta. ÊÊ-Ñ-Ê0 KINGsbri ha[SkUmaj> 0e Aa idvseAap` ekllngsbri ha[SkUna b0ehol raq0a 0e s0Isrl pitkn` Ì.ÊÊ vageXru4xe sha0e Ê.ÊÊ vageb0k I [ I 0anl ivnit 0e

Svaml vaIsly AnepJJa – Aa p` KINGsbri ha[SkUma>raqvama>Aav0e 0e ta 19 September 2010.

p0wavna:

j 0onepyB` drllyan p0wavna krvi hoy to 7l ikrl3 ko#arl 8907 5230 A4va 7l ivnod kpasl 8204 2871 nephe0l nam I qavva ivnit. p0wavna ma3ej evStuAapvl hoy teAga]\$al j ` avvanl ivnit. JA0 vStun I avl xketee151 Aaplnep0wavna kravl xkxe Pavavna krnarml yadl boDR0r hol ma> qvama>Aavxe

Ally kayRno:

PayB` drMyan roj svarekEn deasrma>iviv2\_VyaQyano raqvama>AavE Oe Samy roj svare  
EE.00 \$al EE.00 s0l. raj ko3- wart4l p2arnara D0.kml prlq t4a Do. ivnod kpasl t4a Do  
Aij t xahna vktVyno Aa drMyan l aw m5xe

Do. kml prlq raj ko34l Aavvana OetA0 AaroGy t4a 2mRAneA^yalm iv8ed-  
ivdema>pxcno AapeOe tano l aw l eanucklxo nhl>

Mahavir j yEl b0var ta: 8-9-2010

sajepitkn` bad, Aa idvsepitkn` vheul vaGyexru\$axe

Aavkar, mahavir j Nm kLya` k iv8e3kUp/cn

Ei Svpanni Anepar` uzUavvani ]0v` l , kLpsU vaen

Aartl mg5dlvo, pVavna

]0v` Inl xrDat 3el fon\$al EEE pa]Dma>nam l qavline4[ xkxespannam Aapvej 1/2l Oe  
SvPna: Aavt, v&w, ish, l (ml+, ptpma5a, c>, svR^vj a, k5x, p1]-srovr, 9lrsmy,  
deivman, rInono raxl, in2R AiGn

### spit mharaj ana smynl mltr

kEn deasrma>S4ipt pa&vRa4 wgvanna pitma+ Atyt  
pa/cIn Oeteto shaeqbr j hxeprtuhm` a Ak vat pkaxma>  
Aavl Oe Aa pitma+na kaDano wag j erltej oDayeo Oetema3e  
6` a j a` karo j eAa babtma>ivx8 j a` eOetA0 qas kheOeke  
Aa pitma+ spit mharaj na smynl Oetecokks babt Oe  
kar` keAavl mltrAesmyej 2Dayel Oe

7l pa&vPwushaukLya` kro tel xw-wavna.

qas no2-

pyB` na idvso drMyan Aartl-mg5dlva ma3eAk krta v2u  
nam no2ay to l eama>Aavxe