



Live and Let Live

# MAHAVIR FOUNDATION

Regd No 296175. Office; 11 Lindsay Drive, Kenton HA3 OTA  
020 8204 2871

Kenton derasar: 557 Kenton road, HA3 9RS

[www.mahavirfoundation.org](http://www.mahavirfoundation.org)

President: Dr Vinod Kapashi, Vice President: Surendra Mehta, Secretary: Chandrakant Shah MBE

We celebrate Paryushan festival keeping in mind that most of our members are based locally and for them we need a local place, however we pledge our support to **Navnat Vanik Association** (**Veerayatan** and other organisations for that matter) and wish them well and hope that people everywhere will benefit spiritually during these religious days, no matter where they go. We will maintain the spirit of brotherhood with all.



*It is at this time, Kshmapana (which falls on August 16 to August 23, 2009), that Jains embark on their respective annual pratikramana, a reflection on their spiritual journey for the past year. On this day they also observe a unique custom, where they ask every individual they may have offended during the year for forgiveness. Old differences are forgotten and friendships and relationships renewed, as they fold their hands and ask for 'Micchami dukadam' or forgiveness. The following is the prayer we say while doing Pratikraman: 'Khamemi savva jive, savve jiva khamantu me, mitti me savve bhuyesu, veram majaham n kenai.' It means: 'I forgive all living beings, and I beg for the forgiveness from all living beings. I have friendship with everybody and I have no animosity toward anybody.'* “

**Mahavir Foundation- Ghar Derasar at Kenton Road**  
**Derasar Opening Times During Paryushan**  
**8 am to 9 pm**

Normal Sunday activities

Please come and do Darshan at 557 Kenton Road temple.

**Opening times: 7 to 9 pm weekdays and 10 am to 7pm weekends.**

Most of the Sundays we do Snatra Pooja. You can book Snatra Pooja which will be done on behalf of your family. Nakaro is £21. Phone Derasar 020 8206 1659

Timings for Snatra Pooja: Sunday from 11.00 am to 1 pm sharp



# Paryushan 2009



*From Sunday 16 August to Sunday 23 August 09*

*Place- Kingsbury High School, Stag lane, Kingsbury, London NW9 9JR*

**Pratikraman everyday --- evening 6.30 pm**

**Exception - Pakhi Pratikraman on Wednesday (19<sup>th</sup> August) will start at 5.00**

**Thursday evening after Pratikraman, Mahavir Janma day. Again to-day we aim to start Pratikraman early so we can do Mahavir Janma Vanchan Day Celebration Bhavna, Aarti, Mangal divo and Vadhai every evening at 8.30 pm**

**Tapasvi Bahuman Programme on Saturday 22-08-09. Uchhavani will be done for bahuman.**

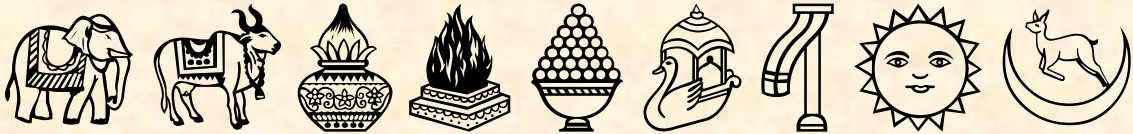
Every day Bhavna Music will be provided by a well known singer and Vidhikar from India. He will be accompanied by a local music group and our very own lady singer Nituben Shah

Samvatsari Pratikraman: Sunday 23-08-09. 4pm (please take your seats at 3.30 pm) at WHITCHURCH SCHOOL, Wemborough Road Stanmore, Middx HA7 2EQ.

Prabhavna (gifts) - Please note: No individual person is allowed to bring and distribute anything without the prior consent. Those who wish to give a prabhavna but are unable to bring anything can donate £151 for Prabhavna and we will make all arrangements on behalf of the donor(s). Please notify Kirit Kothary or Ashvin Shah

There will be religious discourses at the Kenton Derasar (557 Kenton Road, Kenton, Middlesex HA3 9RS). Time 11.00 am to 12.00 Noon during the Paryushan. There will be no lecture on the last day.

**Pritibhojan (the grand community dinner) will be announced during the paryushan.**



## ॐ MAHAVIR JANMA VANCHAN DAY ॐ

This will be celebrated after Pratikraman on Thursday 20-08-09 at the Kingsbury High School. There will be uchhvanis of swapanas/parnu and Mahavir Janma Vanchan. And then Aarti, Mangal Divo.

Uchhavani can be started from £101 (fourteen Dreams are- Elephant, Ox, Lion, Lakshmi, Garland, Moon, Sun, Flag, Kumbha, Lake of Lotuses, Ocean of Milk, Plane (Dev-viman), Heap of jewels, Smoke less fire).

*Sponsorship for the Pratikraman on any day is £401. Your family will recite the Navkara Mantra before the auspicious prtikraman begins. 0208 204 2871*



# MAHAVIR FOUNDATION

(Registered Charity No. 296175)

## Membership Application Form

Year 2009 - 2010

(If you are not a member or if your annual membership has expired)

Official Use only	
Membership No	
Receipt No	
Date	
Amount £	
Sign	

Title	Surname	Name	Spouse Name	Date Of Birth	Amount
Mr / Miss / Mrs /Prof / Dr.					
Address					

Life Member	£101.00	
Annual Member	£10.00	
General Donation	£	
<b>Total</b>		

Return the application form with cheque payable to **Mahavir Foundation** to:

Kirit Kothary  
44 Kenton Park Crescent  
Kenton, Middlesex HA3 8UA

### DO AN AUSPICIOUS ARTI IN THE TEMPLE ON YOUR BIRTHDAY OR ANY DAY YOU WISH TO REMEMBER



Celebrate your (or your son, daughter, grand child or parents or any one you like) birthday by coming to the temple in Kenton and doing an Arti and Mangal Divo on your birth-day. (or any event like Punya Tithi of a departed soul, your or relatives engagement, wedding etc). We will write your name on the notice board and invite you to do Arti and Mangal Divo. This will be performed by your family.

This will be something to remember. You can help the Derasar also this way.

Donation for Arti/Mangal Divo is only £11.00.

Please phone us now on which date you would like to come and do Arti.

Pratik Shah or Jalpesh Shah 020 8206 1659

Paryushan Committee:- Convenor- Ashvin Vora (0208 445 8783)

Others- Chandrakant Shah, Kirit Kothary, Narendra Mehta, Chandrakant Doshi, Ashvin Shah, Kishore Mehta, Mukesh Kapashi.

Derasar Phone No. 0208 206 1659



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**Mahavlr j y0l g0var ta: 20-08-09**

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# MAHAVIR FOUNDATION

## PARYUSHAN PROGRAMMES - 2009

Day & Date	Morning	Evening
16 August Sunday	Kenton Derasar 11 am-12 noon <b>Lecture</b>	<b>Pratikraman</b> at 6.30 <b>Bhavana</b> at 8.30pm Kingsbury High School, Stag Lane, NW9
17 August Monday	Kenton Derasar 11 am-12 noon <b>Lecture</b>	<b>Pratikraman</b> at 6.30 <b>Bhavana</b> at 8.30pm Kingsbury High School, Stag Lane, NW9
18 August Tues	Kenton Derasar 11 am-12 noon <b>Lecture</b>	<b>Pratikraman</b> at 6.30 <b>Bhavana</b> at 8.30pm Kingsbury High School, Stag Lane, NW9
19 August Wed.	Kenton Derasar 11 am-12 noon <b>Lecture</b>	<b>Pakkhi Pratikraman</b> at 5.00 pm. <b>Bhavna</b> at 8.15 pm Kingsbury High School
20 August Thurs.	Kenton Derasar 11 am-12 noon <b>Lecture</b>	<b>Pratikraman</b> at 6.00 <b>Mahavir Janma Kalyanak</b> (Vanchan, sapna etc) <b>Bhavana</b> at 8.30pm Kingsbury High School
21 August Friday	Kenton Derasar 11 am-12 noon <b>Lecture</b>	<b>Pratikraman</b> at 6.30 <b>Bhavana</b> at 8.30pm Kingsbury High School
22 August Satur.	Kenton Derasar 11 am-12 noon <b>Lecture</b>	<b>Pratikraman</b> at 6.30 <b>Tapasvi Bahuman &amp; Bhavana</b> at 8.30pm, Also <b>English Pratikraman</b> at 6.15pm Kingsbury High School
23 August Sunday	<b>Pratikraman for ladies with children</b> Kenton Derasar 12 noon to 3pm.	<b>SAMVATSARI PRATIKRAMAN</b> 4pm @ Whitchurch School (Take your seats by 3.30pm)

Swami Vatsalya and Pooja by Amit Shah – Vidhikar from India. Further Announcement during Paryushan.